



HOUSE OF COMMONS
CHAMBRE DES COMMUNES
CANADA

ADAM VAN KOEVERDEN

Member of Parliament
Milton

/AdamvanKoeverden @vankayak avankoeverden

A MESSAGE FROM YOUR MEMBER OF PARLIAMENT

The holidays are a time for joy and hope. As we are all accustomed to sharing this time with our friends, neighbours and family, it is really important to recognize that this year is going to be a little different than others. The holiday season can also be really hard for some families. Sadly, the pandemic will make this problem worse for many.

Canadians should not have to struggle to pay for the basics and put food on the table. While our economy has rebounded well and local jobs numbers are getting better every week, this has become more of a reality for many families within our community. Please consider donating to local organizations that help our neighbours in need, I've included a small list but there are so many to choose from. Halton has a generous spirit, and we take good care of one another through good times and tough.

Some of our neighbours are grieving a lost friend or family member, and

the loss and feeling of isolation will be heightened over the holidays. Others will be spending this time alone. Please reach out and support those you know in the community who may be experiencing loneliness at this time.

Let's create the hope and joy that we associate with this time of year. Let's express gratitude and share what we have. Let's find new ways to reach out to others and lift them up. I wish you all a very Merry Christmas, and a Happy New Year!

Sincerely,

Adam van Koeverden, MP
Milton

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Please follow public health guidelines and wear a mask when inside public buildings or when you are unable to maintain a distance of 2 meters.

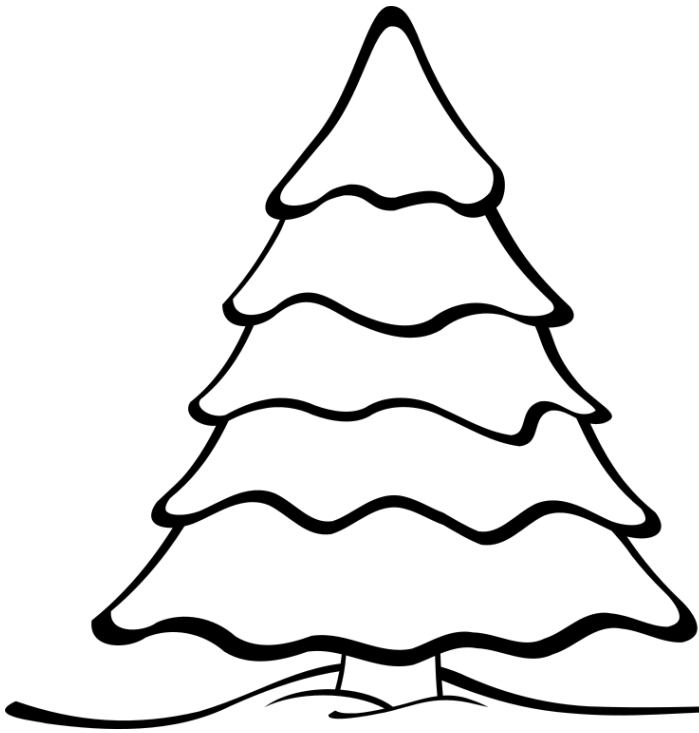


Please download the COVID Alert app. It is free to download and lets users know if they may have been exposed to COVID-19.



As we build Canada back better what would you like to see as our government's priorities?

KIDS CORNER



Colouring Contest: Colour the page below, decorate the tree, take a photo and post in on social media with #HappyHolidaysMilton along with your age. My office will select a few winners for a prize.

Long-Term Care

Among other measures the government has taken to protect seniors during the pandemic, the government **redirected federal infrastructure funding** to long-term care facilities. In the Speech from the Throne, we also promised to work alongside the provincial governments to establish **national standards** for long term care to get the best support for our seniors.

For more measures for seniors in Milton please visit my website at [AdamvanKoeverdenMP.ca/latest-news/support-for-seniors](https://adamvankoeverdenMP.ca/latest-news/support-for-seniors).

Donations

If you are able, please consider donating to local organizations such as:

Milton Community Resource Centre
(mrcr.on.ca)

Halton Food for Life
(foodforlife.ca)

Milton Halal Food Bank
(miltonhalalfoodbank.com)

Halton Women's Place
(haltonwomensplace.com)



Name _____
Address _____

No Postage
Required

FOLD

Adam van Koeverden, MP
HOUSE OF COMMONS
830 VALOUR BUILDING

TAPE